

Do you want to be a Physiotherapist?

“Recovery is indeed a manifestation of the law of nature, efforts of patient and guidance from physical therapist or rehabilitation specialist.”

– Joerg Teichmann



QS World University Rankings 2023

Sample study plan

Foundation Studies Programme



Delivered by UP International College New Zealand

Duration:

- 6 months
- 8-9 months
- 12 months

The AUT Certificate in Foundation Studies ensures you not only meet AUT undergraduate course entry requirements but that you are fully prepared for the challenges of degree-level study.

The UP English Language Test (UPELT) has been developed to help provide prospective students with obtaining their English language scores prior to enrolment.



Bachelor of Health Science (Physiotherapy)



Delivered by Auckland University of Technology

Duration: 4 years

AUT offers one of the largest physiotherapy programmes in the Southern Hemisphere. Our physiotherapy graduates are recognised throughout the world for their knowledge and leadership in healthcare.

The Bachelor of Health Science (Physiotherapy) has a strong focus on clinical practice, and you complete about 1,000 hours of clinical experience as part of your studies.



Registered Physiotherapist



Career opportunities

Physiotherapists need to be registered with the New Zealand Physiotherapy Board and have a current Annual Practising Certificate.

Physiotherapists specialise in:

- Acupuncture
- Cardiothoracic illness
- Hand therapy
- Health promotion and primary healthcare
- Manual therapy (including acute and chronic pain, injury, back and neck problems)
- Mental health
- Neurology (for spinal cord injury, stroke, Parkinson's Disease, multiple sclerosis)
- Occupational health
- Older adults
- Paediatrics
- Sports

Employability

Many graduates find work in clinics specialising in sports and musculoskeletal injuries (which relate to bones and tissues such as muscles and tendons).

Pay for physiotherapists varies depending on experience and responsibilities.

Pay for physiotherapists working in private practice depends on their experience and the success of their business.

Qualified physiotherapists usually earn

\$58k–\$86k per year

Senior physiotherapists who supervise staff can earn

\$87k–\$119k per year

Sources: Auckland Region District Health Boards/PSA, 'Allied, Public Health, Scientific & Technical Multi Employer Collective Agreement, expires 30 June 2023', 2022; and District Health Boards/PSA, 'Allied, Public Health, Scientific & Technical Multi Employer Collective Agreement, expires 30 June 2023', 2022.

Find out more at careers.govt.nz

Physiotherapists need to be registered with the New Zealand Physiotherapy Board and have a current Annual Practising Certificate.

Physiotherapists are in demand to treat a growing and ageing population in New Zealand.

However, demand is also high for physiotherapists to treat patients with other health conditions such as cardiovascular (heart) and neurological (nervous system) conditions. Graduates who want to gain skills in treating these conditions should look for work in hospitals, or private businesses that offer a wide range of opportunities in community rehabilitation.

Physiotherapists usually work for:

- private physiotherapy clinics
- district health boards at hospitals or in the community
- private hospitals and doctors' surgeries.

About a third of physiotherapists are self-employed and work in private practice in New Zealand.



DAVID COOPER

Clinic Owner/Principal Physiotherapist, Kinetics Physiotherapy

Postgraduate Diploma in Health Science in Musculoskeletal Physiotherapy

Bachelor of Health Science (Physiotherapy)

"I enjoyed the level to which AUT staff are engaged and passionate about physiotherapy – all in their own unique way. I was actively involved as a research 'test dummy' a number of times and it was inspiring to be around people who were continuing to challenge what we know. I really enjoyed the connections I made with my classmates and with staff. Many of these colleagues are still close friends today."



Bachelor of Health Science (Physiotherapy)

Why choose Physiotherapy?

Physiotherapists help people improve their quality of life. As a physiotherapist you work with a wide range of people, helping them overcome physical problems due to ageing, injury, diseases, disorders, conditions or environmental factors.

Most New Zealand physiotherapists work privately, treating acute sport and accidental injuries, chronic pain, back and neck problems. You also find physiotherapists in most hospitals and general practices.

Our physiotherapy graduates are recognised throughout the world for their knowledge and leadership in healthcare. You complete about 1,000 hours of clinical experience as part of your studies.

The Bachelor of Health Science (Physiotherapy) is a four-year, 480-point programme.

All health sciences students take the same courses in the first semester. After this, you can apply to transfer into your chosen pathway.



**TOP 125
WORLDWIDE**
for health



8 health clinic services housed in brand new facilities with industry standard equipment



NZ's fastest growing and most diverse health educator

What you'll learn

Year 1, Semester 2: Expand on your anatomy, physiology and pathology knowledge as you're introduced to physiotherapy practice, human structure and function skills.

Year 2: Introduction to the management of abnormal function and physiotherapy assessment, including clinical reasoning principles, evidence-based practice and a range of physiotherapeutic techniques. Develop an understanding of the rehabilitation of disorders of movement and function, exercise-based rehabilitation and clinical science reasoning and research methods. Spend one week observing physiotherapy in practice.

Year 3: Develop more specific assessment and treatment skills, and become familiar with a wider range of complex health issues. You'll also be provided with a two-week student assistantship.

Year 4: The majority of the year is spent in a clinical centre, where you complete the approximately 1,000 hours of supervised physiotherapy practice experience required for registration.

*We're one of the biggest health science education providers in New Zealand, and Times Higher Education has ranked our health programmes in the top 101-125 worldwide in 2023. The rankings organisation QS considers our nursing programmes in the top 150 in the world, and our public health programmes are ranked in the world's top 150 by the Shanghai Ranking (Academic Ranking of World Universities 2022).

AUT Certificate in Foundation Studies

Programme type	Fast-track	Standard	Standard Plus	Foundation Connect
Duration	6 months	8-9 months	12 months	6 months
Tuition fees*	\$18,750 NZD	\$23,250 NZD	\$29,900 NZD	\$15,990 NZD
Resource fee	\$800 NZD	\$800 NZD	\$800 NZD	\$800 NZD**
Exam fee	\$350 NZD	\$350 NZD	\$350 NZD	\$350 NZD**
Application fee	\$400 NZD	\$400 NZD	\$400 NZD	\$400 NZD**
2023 Start dates (incl. Orientation)	13 February, 26 April, 10 July, 2 October	13 February, 26 April, 10 July, 2 October	13 February, 26 April, 10 July, 2 October	13 February, 26 April, 10 July, 2 October
English language requirements***	IELTS 6.0 (no band less than 5.0)	IELTS 5.5 (no band less than 5.0)	IELTS 5.0 (no band less than 4.5)	IELTS 4.5 (no band less than 4.0)
International entry requirements	IB: at least 4x 4 grade CIE: 2 B grades and 2 C grades	IB: at least 3x 4 grade CIE: 4 C grades	IB: at least 2x 4 grade CIE: 2 D grades and 2 C grades	Please contact UP International College at international@up.education

*The tuition fees quoted above are in \$NZD and are correct at the time of publication (30 November 2022). Visit aut.up.education

** Students starting with Foundation Connect will pay the Resource, Application and Exam fees once and will not be charged again upon progression to Foundation.

***IELTS criteria can be substituted for assessment with an UP English Language Test (UPELT) or accepted equivalents.

Progression requirements

For Certificate in Foundation Studies students applying for entry to AUT in 2023.

All AUT undergraduate degree offers require the following minimum University Entrance (UE) marks from the Certificate in Foundation Studies: eight courses (each with a pass rate of 50%) made up of four compulsory courses (English I and II, Culture & Society, Tertiary Study Skills), and four optional academic courses.

Programme	Minimum University Entrance marks (out of 400) for four academic courses	Semester Intake	Minimum Duration (Years)	Minimum English language proficiency	Additional requirements
Bachelor of Health Science (Physiotherapy)*	275	February	4	English II (65% minimum), or IELTS 7.0 overall (with no band below 6.5), or equivalent	Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) and Vulnerable Children's Act (VCA Act) requirements, including police vetting, immunisation screening and referee reports. At least one subject from Biology, Chemistry, Algebra, Statistics

*Limited places. Successful completion of the Certificate in Foundation Studies does not guarantee entry into these degrees. The professional body (Registration Board) may impose additional requirements at registration.



Scholarships

Progression Scholarships

Progression scholarships of up to NZ\$5,000 are awarded towards the tuition fees of the first year of undergraduate degree study at Auckland University of Technology.

Pathway Scholarships

International Excellence Scholarships of up to NZ\$5,000 and Fast Track Foundation Scholarships of up to NZ\$2,500 are available for the Foundation Studies Programme.

Foundation Connect Scholarship

Student who successfully progress from Foundation Connect programme to Standard Foundation programme will be awarded up to NZ\$5,000 scholarship if they achieve top results.



Scan to learn more about Scholarships and Academic Entry Requirements



Find out more at:
AUT.UP.EDUCATION