

## MAKE YOUR PASSION YOUR CAREER

# PROGRAMME GUIDE

University Articulation Agents

POWERED BY UP EDUCATION

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# NEW ZEALAND INSTITUTE OF SPORT

#### Why choose NZIS?

The NZIS is the leading and largest education provider in Sport, Fitness and Recreation in New Zealand with locations in Auckland, Hamilton, Wellington and Christchurch. Our students have access to highly qualified tutors in all our qualification areas, and experts in sport teaching and coaching through our various high performance academies.

NZIS qualifications are internationally recognised through NZ Register of Exercise Professionals (REPs) which has a portability agreement in place with International Confederation of Registers for Exercise Professionals (ICREPs). This means your qualification will be recognised in over 30 countries. REPs also has a partnership with the Asian Academy of Sport and Fitness Professionals (AASFP) in Asia.

#### LEARN IN SMALL CLASSES

#### GAIN REAL-WORLD EXPERIENCE

TRAIN IN OUR ONSITE GYM

#### Our Goal

Our goal is to deliver high quality sports-based programmes that provide opportunities for all those with a passion for sport, so they can work towards their full potential. We inspire our learners with a dynamic and out-of-your-seat approach to learning with courses that engage directly with industry and communities, building real life experiences and relevant skills. We strive to provide effective culturally relevant learning environment to meet the needs of the individual, the industry, and the wider community with a commitment to Pasifika and Māori communities.

## Get the skills to succeed

We enhance the personal employment and sporting opportunities of learners by providing holistic, innovative courses with purpose-built training and exercise facilities, latest equipment and performance lab. Our dedicated industry tutors strive to provide an environment where students are both supported and challenged to meet industry requirements while learning the skills that employers are looking for or preparing for higher education.

#### We're Part of the NZMA Family

We are a member of the NZMA family, a Category One Provider, and form part of the largest vocational education group in New Zealand, UP Education.

New Zealand Institute of Sport is a registered trading name of New Zealand Management Academie the PTE that awards the NZIS qualifications.

and ambassador for the New Zealand Story. Scan the QR Code to find out more.

## **ADMISSIONS REQUIREMENTS**

The requirements for admission to New Zealand Institute of Sport programmes of study have been approved by NZQA. The acceptable evidence of English determined by NZQA must comply - we are unable to be flexible.

#### **English Evidence**

Must comply with NZQA Rule 18.

For more details, please visit https://www.nzqa.govt.nz/about-us/our-role/legislation/nzqa-rules/nzqf-related-rules/the-table/

Please note: for IELTS the General or Academic scores are accepted at Level 3 and 4.

#### Matching NZQA levels to International School / Academic Levels

This is a simple summary of generic entry requirements

Some programmes will not fit in this criteria. They have specific requirements as per their programme approval documentation.

Some countries have a 12 year of education system and others, like New Zealand have a 13 year education system.

NZQA Level	IELTS	Minimum Academic Requirement	International equivalent
3	General or Academic score of 5 with no band score lower than 5	NCEA Level 1	Completion of Year 10/11 offshore *
		GCSE	
4	General or Academic score of 5.5 with no band score lower than 5	NCEA Level 2	
		A-Level	Completion of Year 11/12 offshore *
		IB Year 1	
5		NCEA Level 3	
	Academic score of 5.5 with no band score lower than 5	A2 Level	Completion of Year 12/13 offshore *
		IB Year 2	
6	Academic score of 6 with no band score lower than 5.5		Successful completion of level 5 or equivalent
7	Academic score of 6 with no band score lower than 5.5		Successful completion of level 6 or equivalent

\* Countries with an 11 or 12 education system (New Zealand has a 13 year education system)

#### Academic reports included at time of application

We prefer evidence of the last formal qualification received at high school and / or the final school report which clearly shows the level at the time you have left school. (Academic and vocational high schools).

Applicants from China - vocational high schools graduates who are aiming for future overseas study with New Zealand Institute of Sport are welcome to apply. If you are unsure of their eligibilities, please email the student's full transcript to vocational@up.education for a pre-application assessment

Tertiary qualifications can also be considered - this would apply more for applicants who are applying to enter higher level programmes of study and need to show evidence of acceptable prior study.

#### Minimum Student Age at commencement

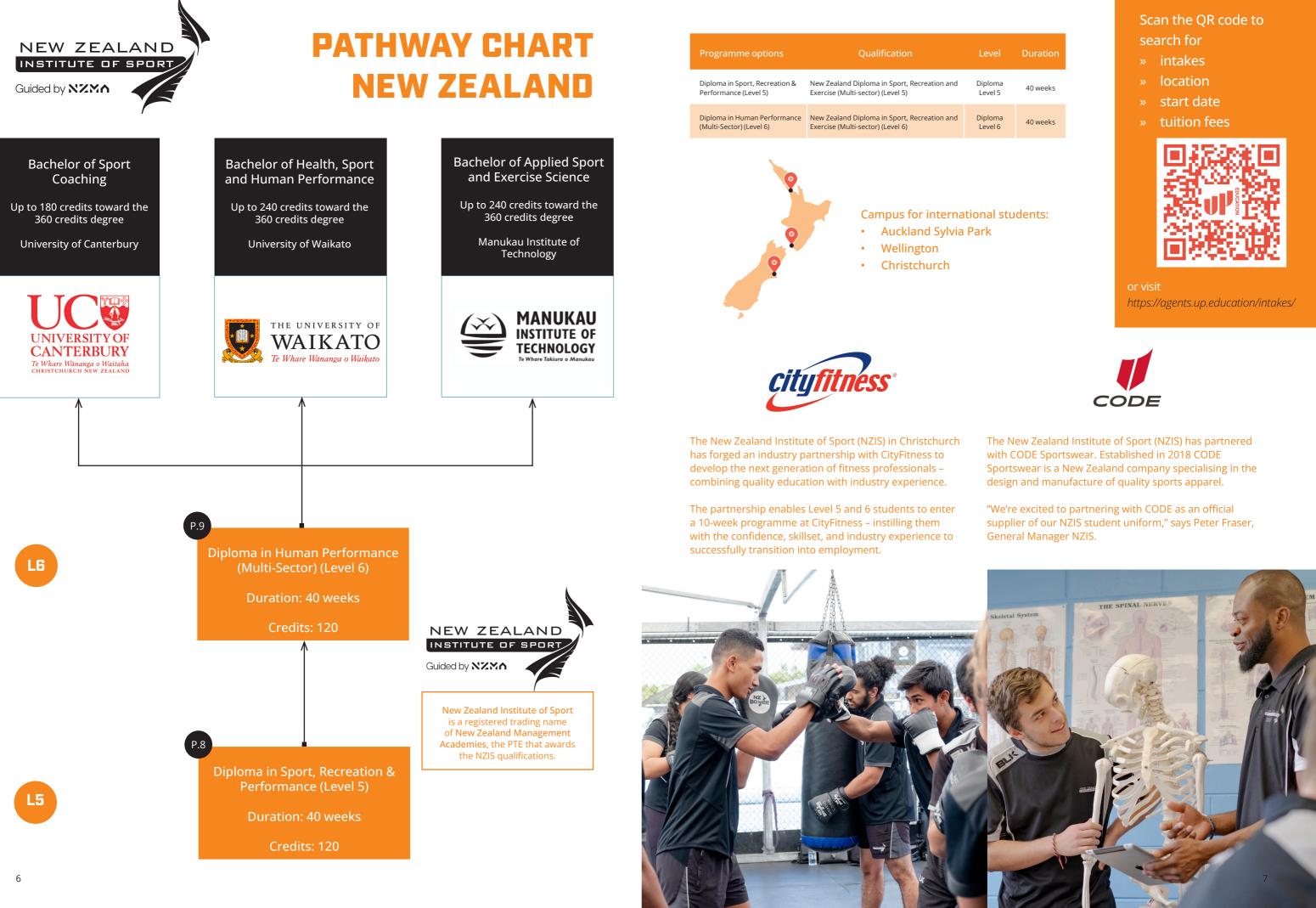
Qualification	Age 18+
Level 3 Certificate	Minimum age to commence / study at New Zealand Institute of Sport
Level 4 Certificate	
Level 5 Diploma	
Level 6 Diploma	
Degree	







Onshore - international students living in New Zealand Offshore - international students not living in New Zealand while studying the programme







NEW ZEALAND INSTITUTE OF SPORT

#### Guided by NZMA

#### **DIPLOMA IN SPORT, RECREATION & PERFORMANCE (LEVEL 5)**

Award: New Zealand Diploma in Sport, Recreation and Exercise (Multi-sector) (Level 5)

Delivery mode	On Campus & Blended			
Level	Diploma - Level 5			
Duration	40 weeks (not including holiday breaks)			
Entry Requirements - Age	Must be at least 18 – Face to Face onshore (international students living in New Zealand)			
Entry Requirements – Academic	Successfully completed high school			
Entry Requirements – English	IELTS 5.5 (Academic) with no band lower than 5.0 or equivalences approved by NZQA			
Further study with NZIS	This qualification provides a pathway to the New Zealand Diploma in Sport, Recreation and Exercise (Multi-Sector) (Level 6)			
Career opportunities:				
This qualification could lead to employment in a variety of roles such as:				
Event supervisor	Recreation supervisor			
Exercise consultant	Recreation programme coordinator			
Health educator	Sport development officer			
OSCAR leader	Sport coordinator			

Community health manager

Why choose this course

- Develop Health & Wellness Solutions: Design health & exercise intervention programmes from start to finish and make a successful impact to others.
- Build your network with interpersonal skills: Enhance communication and relationship building skills needed to build networks within the industry.
- Plan sustainable and innovative programmes: Keep up to date with scientific research in the industry using the latest technology.
- Practical Opportunities: Learn in a real-work environment with our industry partners such as; working as liaison officers for visiting international sporting teams or assisting with the development of large corporate sports events.
- Workshop: Develop your skills with fitness workshops from; Group Fitness, Sport Massage, Sport Strapping, Rock Climbing, Golf, Swiss Ball Training, Sport Officiating, Event and Results Management.

#### Strategic Purpose Statement

This qualification will provide individuals with the knowledge and skills needed to operate independently, supervise others and work with stakeholders across the sport, recreation and exercise industries.

Graduates will be able to operate within a framework of health and wellness in relation to individual, group and community needs.

Graduates will contribute to the cultural, social and economic wellbeing of Aotearoa New Zealand



#### DIPLOMA IN SPORT. RECREATION & PERFORMANCE (LEVEL 5)

#### What you will learn

You will learn through a combination of online learning, practical experience and face to face teaching on campus.

- Exercise Prescription practice at a professional level
- Relevant industry practice in Sport, Recreation and Exercise
- How to analyse performance data using health and fitness devices »
- Kinesiology functional anatomy, exercise physiology, biomechanics
- How to integrate exercise science into sports performance and recreation activity
- Facility and event management skills including planning community events
- Valuable Information Technology skills
- Advanced coaching and exercise programme development
- Business management and industry practices of sport, recreation and exercise
- Research and strategy development in the community

#### **Graduate Profile**

Graduates of this gualification will be able to:

- Integrate knowledge, concepts and trends from across the sport, recreation and exercise industries to inform professional practice.
- Plan, monitor and role model safe, ethical and professional practices and procedures for self, others and organisation while operating within sport, recreation and/or exercise environments.
- Lead and manage a range of tasks and activities within own scope of practice to achieve sport, recreation and exercise outcomes for individuals, groups and/or communities.
- Supervise others to ensure safe, ethical and professional practice and procedures in sport, recreation and/or exercise settings.
- Apply concepts and theories of exercise science to develop health and wellness solutions to meet the needs of individuals, groups and/or communities.
- Develop, coordinate and evaluate the delivery of a range of sport, recreation and/or exercise activities, programmes and/or events to meet the needs of individuals, groups and/or communities.



#### DIPLOMA IN HUMAN PERFORMANCE (MULTI-SECTOR) (LEVEL 6)

Award: New Zealand Diploma in Sport, Recreation and Exercise (Multi-sector) (Level 6)

Delivery mode	On Campus	
Level	Diploma - Level 6	
Duration	40 weeks (not including holiday breaks)	
Entry Requirements - Age	Must be at least 18 – Face to Face onshore (international students living in New Zealand)	
Entry Requirements – Academic	<ul> <li>Completed the New Zealand Diploma in Sport, Recreation and Exercise (Multi-sector) (Level 5) or</li> </ul>	
	other New Zealand tertiary equivalents or	
	an international equivalent.	
Entry Requirements – English	IELTS 6.0 (Academic) with no band lower than 5.5 or equivalences approved by NZQA	
	Success enables students to articulate to degree level study in New Zealand at:	
	University of Waikato	
Education Pathway	University of Canterbury	
	Manukau Institute of Technology	
	Plus a pathway to Australia:	
	Victoria University Melbourne	

Career opportunities:

Graduates may be able to work in leadership roles such as:

- Community sport manager;
- Community health manager;
- Event manager:
- . Facility manager;
- Hauora or health exercise educator;
- Outdoor educator:
- Outdoor recreation manager; .
- Parks manager:
- Recreation planner; .
- Recreation manager;
- Sport director; .
- Whānau Ora manager.

- Graduates may also be able to work with workplaces such as:
  - Community health providers;
  - Community sport providers;
  - Outdoor education centres;
  - Exercise facilities;
  - lwi organisations;
  - Local councils;
  - Cultural centres;
  - Outdoor pursuits centres:
  - Primary health organisations;
  - Regional sports trusts;
  - Recreation, sport and leisure centres.

### DIPLOMA IN HUMAN PERFORMANCE (MULTI-SECTOR) (LEVEL 6)

#### Why choose this course

- campus.
- Work Placement Opportunities: Gain a well-rounded learning experience with work placements at our partnered organisations and get the chance to work with clients of your own.
- Give back to the community: Work with our partnered Government Health Agency to assist in health initiatives that support the well-being of others.
- Free Jetts Membership for the duration of your programme. »
- Attend induction workshops monthly which will be held at the campus and at the Jetts Club in Mt Wellington »
- » Each student is guaranteed an interview, which will take place at the campus

#### What you will learn

This course is structure around 4 core papers and 4 electives based on your study and career pathway.

Develop in-depth industry related skills and practice with core papers in:

- · Applied Study for Community Development
- Leadership and Coaching
- Professional Practice
- Evidence-Based Practice and Research
- Human Performance

Specialise in Human performance and learn all about the inner workings of the human body and how athletes are trained to increase performance

- · Nutrition; learn the industry standards behind food and diet
- Applied Human Movement and Anatomy; learn functional anatomy and kinesiology, exercise physiology, and biomechanics
- Training Methods and Programme Design; develop advanced coaching and manage exercise programmes
- Performance Analysis and Strategy; develop and evaluate health and wellness solutions

#### **Graduate Profile**

Graduates of this gualification will be able to:

- Provide leadership within the sport, recreation and/or exercise industries, based on the critical analysis and application of research, concepts and trends from across the industries.
- exercise industries.
- Provide strategic oversight and management to ensure safe and effective delivery of tasks and activities to achieve sport, recreation and exercise outcomes.
- recreation and/or exercise settings.
- individuals, groups and/or communities.
- Manage, monitor and critically evaluate coaching practice in sport, recreation and/or exercise settings to recommend improvements to coaching strategies and practices.

#### Strategic Purpose Statement

This qualification will provide the Sport, Recreation and Exercise industries with individuals that have the in-depth knowledge and skills required to operate in leadership roles across the sport, recreation and exercise industries.

Graduates will be able to operate within a framework of health and wellness in relation to individual, group and community needs.

Graduates will contribute to the cultural, social and economic wellbeing of Aotearoa New Zealand.

Blended Learning: You will get to learn through a combination of online learning, practical experience and face to face teaching on Take on leadership roles at a large scale: Experience working with our partnered organisations from a regional to a national level.

Role model, and mentor others in safe, ethical and professional practices and procedures within the sport, recreation and/or

Design, plan, deliver and evaluate a range of activities, programmes and/or events to meet the needs of a range of users in sport,

Analyse concepts and theories of exercise science to develop and evaluate health and wellness solutions to meet the needs of

#### DEGREE PATHWAY TO UNIVERSITY OF WAIKATO

## DEGREE PATHWAY TO UNIVERSITY OF CANTERBURY

## **BACHELOR OF HEALTH, SPORT AND HUMAN PERFORMANCE**

Awarded by the University of Waikato





The University of Waikato and New Zealand Institute of Sport have an articulation agreement

Students who have successfully completed and graduated with the New Zealand Institute of Sport qualifications at Levels 5 and 6 are eligible to be admitted to the University of Waikato's Bachelor of Health, Sport and Human Performance with credit.

To learn more about this programme, please visit https://www.waikato.ac.nz/study/qualifications/ bachelor-of-health-sport-and-human-performance

New Zealand Institute of Sport (NZIS) is a trading name of New Zealand Management Academies. NZIS delivers Sports qualifications at Level 5 and 6 that are approved and registered with NZQA.

To find out more, please visit https://www.nzqa.govt.nz/providers/details.do?providerId=866128001

#### Bachelor of Health, Sport and Human Performance

- Length: 3-year degree •
- Maximum credits: 360
- NZIS students can achieve a credit transfer equivalent to 240 credits meaning they are required to complete a further 120 credits

To achieve the degree, students will require a further 12 months of study at the university. This means the promoting NZIS graduate will in an additional 12-months of study at the university, subject to meeting course completion requirements students will be eligible to receive the University of Waikato's Bachelor of Health, Sport and Human Performance.

Indicative tuition cost at the University of Waikato based on 2022 advertised fee\*

One year: NZ\$27,210.00

\*Exclusive of Administrative, Insurance and Living Costs

For current tuition fee and more information, please scan the QR code



### BACHELOR OF SPORT COACHING

#### Awarded by the University of Canterbury

The University of Canterbury and New Zealand Institute of Sport have an articulation agreement

Students who have successfully completed and graduated with the New Zealand Institute of Sport qualifications at Levels 5 and 6 are eligible to be admitted to the University of Canterbury's Bachelor of Sport Coaching with credit.

To learn more about this programme, please visit https://www.canterbury.ac.nz/study/qualificationsand-courses/bachelors-degrees/bachelor-of-sport-coaching

New Zealand Institute of Sport (NZIS) is a trading name of New Zealand Management Academies. NZIS delivers Sports qualifications at Level 5 and 6 that are approved and registered with NZOA.

To find out more, please visit https://www.nzqa.govt.nz/providers/details.do?providerId=866128001

#### **Bachelor of Sport Coaching**

- Length: 3-year degree
- Maximum credits: 360
- NZIS students can achieve a credit transfer equivalent to 180 credits meaning they are required to complete a further 180 credits

To achieve the degree, students will require a further 18 months of study at the university. This means the promoting NZIS graduate will in an additional 18-months of study at the university, subject to meeting course completion requirements students will be eligible to receive the University of Canterbury's Bachelor of Sport Coaching.

Indicative tuition cost at the University of Canterbury based on 2022 advertised fee\*

First year: NZ\$26,717.00

Last 6-months: NZ\$13,358.50

\*Exclusive of Administrative, Insurance and Living Costs

For current tuition fee and more information, please scan the QR code







#### DEGREE PATHWAY TO TE PŪKENGA - MANUKAU INSTITUTE OF TECHNOLOGY

## **BACHELOR OF APPLIED SPORT AND EXERCISE SCIENCE**

Awarded by Manukau Institute of Technology



Manukau Institute of Technology and New Zealand Institute of Sport have an articulation agreement

Students who have successfully completed and graduated with the New Zealand Institute of Sport qualifications at Levels 5 and 6 are eligible to be admitted to the Manukau Institute of Technology's Bachelor of Applied Sport and Exercise Science with credit.

To learn more about this programme, please visit https://www.manukau.ac.nz/study/areas-of-study/ sport-recreation-and-exercise-science/bachelor-of-applied-sport-and-exercise-science-level-7

New Zealand Institute of Sport (NZIS) is a trading name of New Zealand Management Academies. NZIS delivers Sports qualifications at Level 5 and 6 that are approved and registered with NZQA.

To find out more, please visit https://www.nzqa.govt.nz/providers/details.do?providerId=866128001

#### **Bachelor of Applied Sport and Exercise Science**

- Length: 3-year degree
- Maximum credits: 360
- NZIS students can achieve a credit transfer equivalent to 240 credits meaning they are required to complete a further 120 credits

To achieve the degree, students will require a further 12 months of study at the university. This means the promoting NZIS graduate will in an additional 12-months of study at the university, subject to meeting course completion requirements students will be eligible to receive the Manukau Institute of Technology's Bachelor of Applied Sport and Exercise Science.

Indicative tuition cost at the Manukau Institute of Technology based on 2022 advertised fee\*

One year: NZ\$20,600.00

\*Exclusive of Administrative, Insurance and Living Costs

For current tuition fee and more information, please scan the QR code





# **PATHWAY CHART AUSTRALIA**

NEW ZEALAND INSTITUTE OF SPORT

Guided by **NZMA** 

Bachelor of Sports Science

A 288 credits degree

Students need to complete a further 8 units in one year to graduate

MELBOURNE AUSTRALIA

**Diploma in Human Performance** (Multi-Sector) (Level 6)

Duration: 40 weeks

Credits: 120

Diploma in Sport, Recreation & Performance (Level 5)

Duration: 40 weeks

Credits: 120

NEW ZEALAND INSTITUTE OF SPORT Guided by NZMA

> New Zealand Institute of Sport is a registered trading name of New Zealand Management Academies, the PTE that awards the NZIS qualifications.

#### DEGREE PATHWAY TO VICTORIA UNIVERSITY MELBOURNE

### **BACHELOR OF SPORTS SCIENCE**

Awarded by Victoria University Melbourne Australia

Victoria University Melbourne and New Zealand Institute of Sport have an articulation agreement

Students who have successfully completed and graduated with the New Zealand Institute of Sport qualifications at Levels 5 and 6 are eligible to be admitted to the Victoria University Melbourne's Bachelor of Sports Science with credit.

For more information, please visit https://www.vu.edu.au/courses/bachelor-of-sport-science-sbsa

They offer a pathway through to the Victoria University SBSA Bachelor of Sports Science to students who have successfully completed to an advanced standing the NZIS New Zealand Diploma in Sport, Recreation and Exercise (Multi Sector) (Level 6) and where you will be able to enrol into the last year of our degree.

The articulation means you are required to successfully complete a further 8 units at Victoria University to complete the academic requirements to graduate.

Victoria University Melbourne is ranked in the top 2% of universities worldwide and is ranked within Australia as #1 for employability. The university is known as Australia's leading sport university where you will gain the very best knowledge for a professional career in the sport and exercise industry.

New Zealand Institute of Sport (NZIS) is a trading name of New Zealand Management Academies. NZIS delivers Sports qualifications at Level 5 and 6 that are approved and registered with NZQA.

To find out more, please visit https://www.nzqa.govt.nz/providers/details.do?providerId=866128001

Indicative tuition cost at the Victoria University Melbourne based on 2022 advertised fee\*

A\$29,200 One year:

\*Exclusive of Administrative, Insurance and Living Costs

For current tuition fee and more information, please scan the QR code







# STUDY IN AUCKLAND

2nd

most peaceful

country in the world

#### Auckland

Population: 1.65 M Urban Area: 607.10 km<sup>2</sup> Climate type: Subtropical Summer Temp: 14-24°C. Winter Temp: 7-15°C.

- 1st Most liveable city globally\*
- 2nd most peaceful country in the world\*\* ٠
- 3rd in the world for Quality of living\*\*\*

\*2021 Global Liveability Index by the Economist Intelligence Unit (EIU) \*\*Global Peace Index 2021 \*\*\*Mercer Quality of Living Rankings 2021

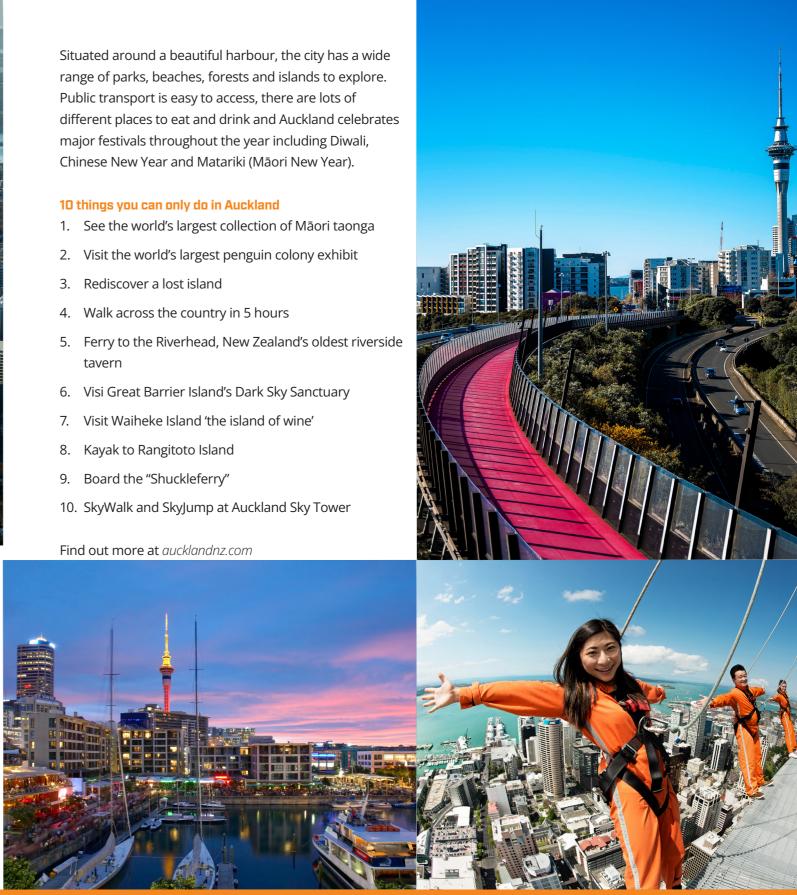
New Zealand is proudly multicultural, and we respect and welcome international students. Our largest city, Auckland, is a growing Asia-Pacific centre of excellence. With one in four residents born overseas, Auckland is one of the most diverse cities in the world. It is home to people from more than 180 ethnicities and is the world's largest Polynesian city. It also consistently rates as one of the best places globally to live and study in.

If you come here as an international student, you'll enjoy a high level of care. All schools and institutions are legally required to prioritise the well-being of international students.



**3rd** in the world for Quality of living

- tavern





27th best student city

Top New Zealand city for job opportunities, climate and lifestyle



1st Most Liveable city globally



Commercial and business centre of New Zealand

# **STUDY IN WELLINGTON**



1st

New Zealand's

friendliest city

Unrivalled lifestyle

Suft, ski and bike in one day; with mountains, lakes and beaches on



#### Wellington City, Wellington

Population: 215.9K Urban Area: 112.36 km<sup>2</sup> Climate type: Marine West Coast Summer Temp: 14-21°C. Winter Temp: 7-12°C.

- · 1st safest large city in New Zealand, and 7th in the world\*
- 2nd most liveable city in the world\*\*
- 3rd happiest city in the world\*\*\*
- Highest average income in New Zealand^
- 2,000 hours of Sunshine each year

\* Safe Cities Index 2021 \*\* Deutsche Bank Quality of Life Survey 2018; \*\*\* World Happiness Report 2020 ^ Data published by SEEK

> 1st Safest city in New Zealand

The Wellington region is located in the lower North Island of New Zealand, and is made up of eight district and city council areas.

When you study in Wellington City you will enjoy a great quality of life, a diverse and welcoming environment, and a student experience to remember. You also have access to the city's many museums, archives, libraries, scientific institutes, cultural bodies, financial, legal and business institutions, and political and government agencies.

Our vibrant campus occupies the West Wing of the iconic Wellington Railway Station. Adjacent to the New Zealand Parliament, the city bus terminus and Victoria University of Wellington's Pipitea Campus.

#### Find out more at *wellingtonnz.com*



2nd Most liveable city in the world Deutsche Bank Quality of Life Survey

0

3rd

Happiest city in the world

#### **Christchurch, Canterbury**

Population: 380.6K Urban Area: 295.15 km<sup>2</sup> Climate type: Temperate Oceanic Climate Summer Temp: 13-21°C. Winter Temp: 3-11°C.

- 1st New Zealand's friendliest city, and 7th in the world\*
- 2nd largest Tech Sector in New Zealand and Canterbury is the nation's second largest manufacturing centre.
- The cost of accommodation is significantly lower than other cities in Australasia: 27% cheaper than Auckland, 42% cheaper than Sydney\*\*
- Canterbury's health system is ranked the 6th best regional health system in the world, providing graduates the opportunity to work in a world-class ecosystem and environment.

\* Big 7 Travel Poll 2019; \*\* 2022 Numbeo Cost of Living in Christchurch







**2nd largest** Tech Sector in New Zealand

Christchurch is the largest city in the South Island, the second largest in the country. Framed by the Pacific Ocean on one side and rugged mountains on the other side, Christchurch feels very different from the North Island.

It has a colourful, creative heart and is dotted with beautiful parks and gardens. A gateway to the outdoors, Christchurch gives students lots to do when they're not studying: hiking, mountain biking, surfing, rock climbing and skiing are all easily accessible from the city.

With a rich Māori and European history and the newest city centre in the country, Christchurch blends heritage buildings and museums with modern art galleries, architecture and unmissable street art.

Find out more at christchurchnz.com



Every effort was made to present accurate information in this NZIS Programme Guide at the time of publication 22 August 2022. UP Education reserves the right to change information without notice where this is considered necessary or desirable. Please contact your regional managers at UP Education or refer to the websites for any queries.

Vocational enrolment enquiries: Email: **vocational@up.education** 

#### NZIS.CO.NZ



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